1984 Region 5AA Girls Championship at Osseo on Friday, June 1 & Saturday, June 2nd

Teams: Mpls North 147, Mpls South 48, Mpls Roosevelt 40, Osseo 40, Academy of Holy Angels 40, Park Center 39, Benilde-St Margaret's 32, Mpls Washburn 31, Minnehaha Academy 31, Mpls Southwest 26, Totino Grace 24, Fridley 2, Mpls Edison 0, Mpls Henry 0, Regina 0.

100

- 1 Bridgett Shepard, North 12.7
- 2 Chaleta Cole, North 12.8

200

- 1 Lisa Wallon, North 26.0
- 2 Jenny Phillips, BSM 26.8

400

- 1 Jenny Phillips, BSM 60.0
- 2 Tincy Stewart, North 60.1

800

- 1 Pam Lloyd, North 2:23.3
- 2 Lisa Rogers, Osseo 2:24.0

1600

- 1 Sue Klukken, PC 5:20.7
- 2 Carol Puncochar, Osseo 5:22.6

3200

- 1 Shelly Covel, Osseo 11:17.6
- 2 Debbie Board, Osseo 11:20.6

100 Hurdles (30")

- 1 Lisa Dixon, North 15.7
- 2 Andrea Franchett, South 15.8

200 Hurdles (30")

- 1 Sue Gjerset, Washburn 30.0
- 2 Lisa Dixon, North 30.1

4x100 Relay

- 1 North 51.0
- 2 Roosevelt 52.3

4x200 Relay

- 1 North 1:45.0
- 2 Washburn 1:46.6

4x400 Relay

- 1 North 4:04.1
- 2 Washburn 4:05.8

4x800 Relay

- 1 Park Center 9:50.9
- 2 Mpls Southwest 9:51.0

Shot Put

- 1 Melanie Herrera, Roos 41-6
- 2 Jenny Petron, Osseo 39-7.25

Discus Throw

- 1 Melanie Herrera, Roos 120-5
- 2 Jenny Petron, Osseo 105-3

Long Jump

- 1 Jane Sandvik, AHA 17-1.25
- 2 Dawn Sollie, MA 16-10

High Jump

- 1 Lisa Dixon, North 5-3.75
- 2 Kathy Horner, SW 5-0
- * Ties Meet Record
- ** New Meet Record

Notes: